

2022 Seneca County Health Status Assessment Report

2022



Seneca County
**Community Health
Status Assessment**

Examining the health of Seneca County

Released November 2022

Community Release Event

November 2022

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Youth (OHYES!) Health

Weight Status

Tobacco/Electronic Vapor Product Use

Alcohol Consumption

Drug Use

Sexual Behavior

Mental Health

Social Determinants of Health

Violence

Perceptions

Weight Status

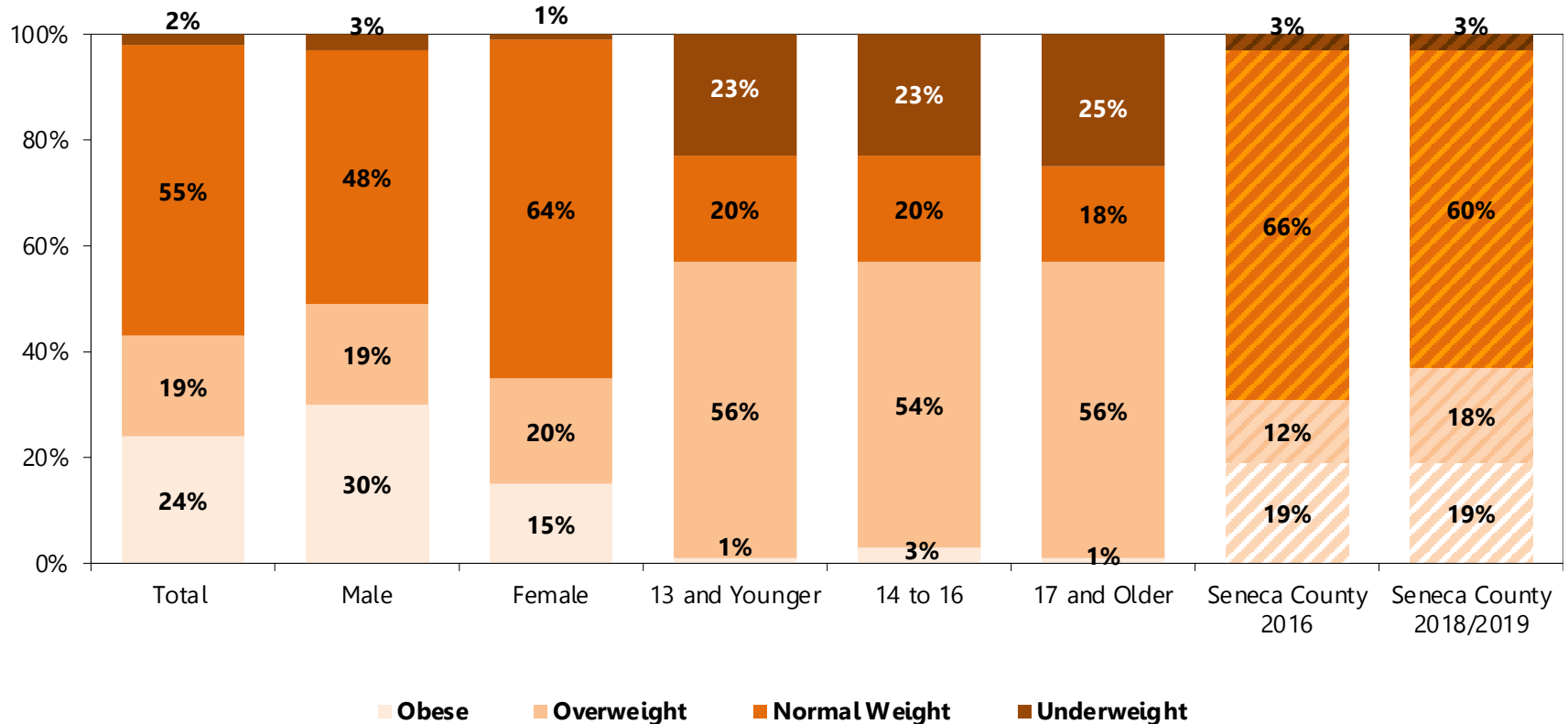
- 24% of all Seneca County youth were classified as obese, 19% were overweight, 55% were normal weight, and 2% were underweight
- During the past week, youth participated in at least 60 minutes of physical activity at the following frequencies:
 - 3 or more days (73%)
 - 5 or more days (50%)
 - Every day (26%)
- 13% of youth did not participate in at least 60 minutes of physical activity on any day in the past week

Weight Status

- During the past week, youth reported eating fruits and vegetables at the following frequencies:
 - 5 or more servings (12%)
 - 1 to 4 servings (77%)
 - 0 servings because they did not have access to fruits or vegetables (3%)
 - 0 servings because they could not afford fruits or vegetables (1%)
- During the past week, youth reported drinking a can, bottle, or glass of soda at the following frequencies:
 - 1 to 3 times (36%)
 - 4 to 6 times (10%)
 - 0 times (36%)

Weight Status

Seneca County Youth BMI Classifications



Note: Caution should be used when interpreting subgroup results as the margin of error for any subgroup is higher than that of the overall survey

Weight Status

Youth Comparisons	Seneca County 2009 (6 th -12 th)	Seneca County 2013 (6 th -12 th)	Seneca County 2016 (6 th -12 th)	Seneca County 2018/2019 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (9 th -12 th)	Ohio 2019 (9 th -12 th)	U.S. 2019 YRBS (9 th -12 th)
Obese	13%	17%	19%	19%	24%	24%	17%	16%
Overweight	14%	14%	12%	18%	19%	18%	12%	16%
Physically active at least 60 minutes per day on every day in past week	29%	21%	32%	26%	26%	22%	24%	23%
Physically active at least 60 minutes per day on 5 or more days in past week	54%	43%	53%	60%	50%	49%	43%	44%
Did not participate in at least 60 minutes of physical activity on any day in past week	8%	16%	9%	10%	13%	12%	21%	17%

Tobacco/Electronic Vapor Product Use

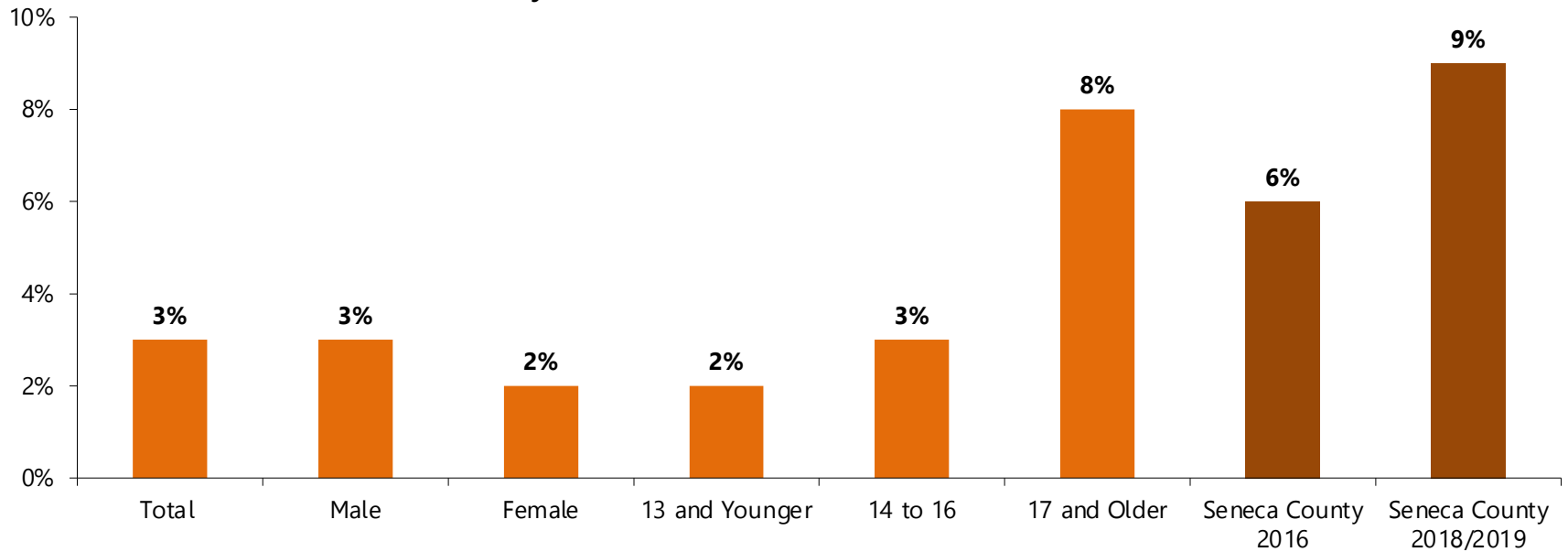
- 4% of all Seneca County youth had smoked all or part of a cigarette within the past 30 days
- 3% of youth were current smokers, having smoked at some time in the past 30 days
- 24% of youth had used an electronic vapor product in their life
- 14% of youth had used an electronic vapor product in the past 30 days

Tobacco/Electronic Vapor Product Use

- Of those who obtained electronic vapor products in the past 30 days, youth reported obtaining them the following ways:
 - Borrow (bummed) them from someone else (69%)
 - Gave someone else money to buy them (33%)
 - Bought them from a vape shop or tobacco shop (25%)
 - Bought them in a convenience store, supermarket, discount store, gas station, or vape store (25%)
 - Bought them on the Internet (7%)
 - Stole them from a store or person (7%)
 - Some other way (47%)

Tobacco/Electronic Vapor Product Use

Seneca County Youth Who Were Current Smokers



Note: Caution should be used when interpreting subgroup results as the margin of error for any subgroup is higher than that of the overall survey

Tobacco/Electronic Vapor Product Use

Youth Comparisons	Seneca County 2009 (6 th -12 th)	Seneca County 2013 (6 th -12 th)	Seneca County 2016 (6 th -12 th)	Seneca County 2018/2019 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (9 th -12 th)	Ohio 2019 (9 th -12 th)	U.S. 2019 YRBS (9 th -12 th)
Current smoker (smoked on at least 1 day during the past 30 days)	11%	9%	6%	9%	3%	4%	5%	6%
Current cigar smoker (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days)	N/A	N/A	N/A	8%	3%	4%	7%	6%
Current electronic vapor product user (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens, on at least 1 day during the 30 days)	N/A	N/A	N/A	22%	14%	17%	30%	33%
Current smokeless tobacco user (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products—such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs—not counting any electronic vapor products, on at least 1 day during the 30 days)	N/A	N/A	N/A	4%	3%	2%	10%	4%

N/A – Not Available

Alcohol Consumption

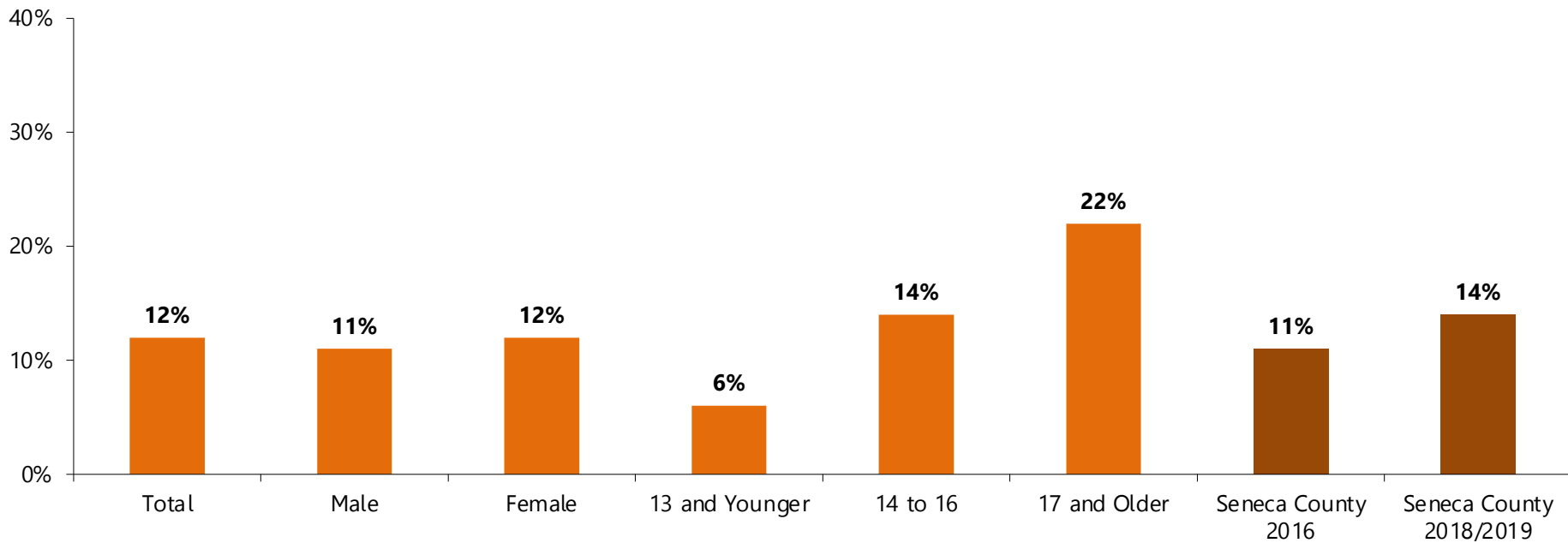
- Of all youth, 18% had their first drink before the age of 13
- 12% of youth had at least one drink of alcohol in the past 30 days
 - Increasing to 22% of those ages 17 and older
- Based on all youth, 5% of youth would be considered binge drinkers
 - Increasing to 13% of those ages 17 and older

Alcohol Consumption

- Youth drinkers reported they got their alcohol from the following:
 - Someone gave it to them (47%)
 - A parent gave it to them (42%)
 - Took it from a store or family member (29%)
 - Gave someone else money to buy it (29%)
 - A friend's parent gave it to them (16%)
 - Bought it in a liquor store, convenience store, supermarket, discount store, or gas station (8%)
 - Bought it at a public event (4%)
 - Some other way (30%)
- 10% of all youth reported drinking on the weekends
- In the past 30 days, 2% of youth had driven in a car after they had been drinking alcohol

Alcohol Consumption

Seneca County Youth Who Were Current Drinkers



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Alcohol Consumption

Youth Comparisons	Seneca County 2009 (6 th -12 th)	Seneca County 2013 (6 th -12 th)	Seneca County 2016 (6 th -12 th)	Seneca County 2018/2019 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (9 th -12 th)	Ohio 2019 (9 th -12 th)	U.S. 2019 YRBS (9 th -12 th)
Ever drank alcohol (at least one drink of alcohol on at least 1 day during their life)	60%	50%	36%	41%	35%	45%	N/A	N/A
Current drinker (at least one drink of alcohol on at least 1 day during the past 30 days)	29%	20%	11%	14%	12%	16%	26%	29%
Binge drinker (drank five or more drinks within a couple of hours on at least 1 day during the past 30 days)	18%	11%	5%	7%	5%	8%	13%	14%
Drank for the first time before age 13 (of all youth)	25%	17%	11%	16%	18%	16%	16%	15%
Drank and drove (of youth drivers)	4%	5%	2%	2%	2%	3%	N/A	5%
Rode with a driver who had been drinking alcohol (in a car or other vehicle on 1 or more occasion during the past 30 days)	19%	21%	14%	14%	15%	15%	N/A	17%

N/A – Not Available

Drug Use

- 8% of all youth had used marijuana at least once in the past 30 days
 - Increasing to 19% of those 17 and older
- Among those who tried marijuana, 50% of those used marijuana or hashish in the past 30 days
- Among current marijuana users, youth reported using marijuana in the following ways:
 - Smoked it in a joint, bong, pipe, or blunt (56%)
 - Vaporized it (27%)
 - Ate it in food such as brownies, cakes, cookies, or candy (11%)
 - Some other way (6%)

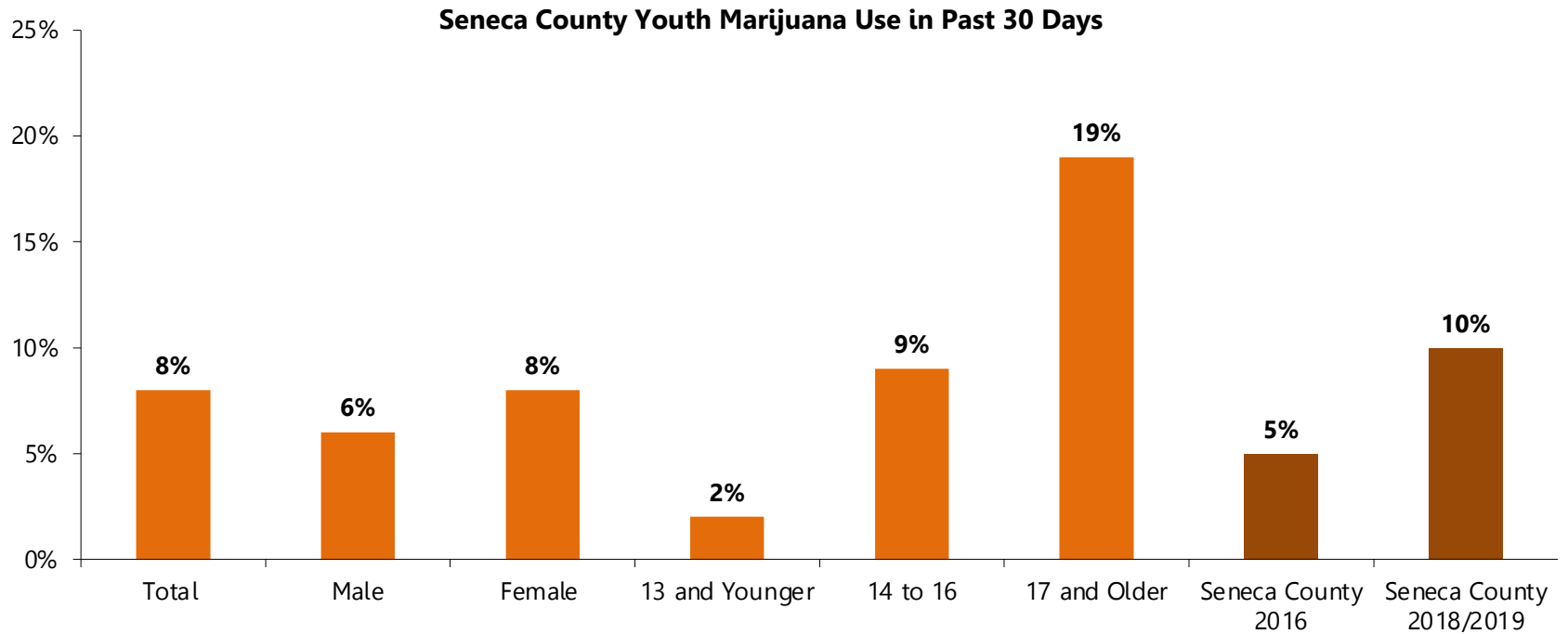
Drug Use

- 10% of youth reported ever using prescription drugs (e.g., OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctor's prescription or differently than how a doctor told them in their lifetime
- 5% of youth reported using prescription pain medication (e.g., Codeine, Vicodin, OxyContin, Hydrocodone, and Percocet) without a doctor's prescription or differently than how a doctor told them in their lifetime
- Among current prescription drug users, youth reported using prescription drugs at the following times:
 - Before school (35%)
 - On weekends (24%)
 - On weeknights (23%)
 - After school (18%)

Drug Use

- Seneca County youth had tried the following in their life:
 - Inhalants (2%)
 - Synthetic marijuana (2%)
 - Hallucinogenic drugs (2%)
 - Heroin (1%)
 - Cocaine (1%)
 - Methamphetamines (<1%)
 - Ecstasy/MDMA/Molly (<1%)
 - Steroids without a doctor's prescription (<1%)
- 12% of youth reported ever using over-the-counter medications such as cold medicines, allergy medicine, or pain relievers to high in their lifetime
- 7% of youth reported that someone had offered, sold, or had given them illegal drugs on school property

Drug Use



Note: Caution should be used when interpreting subgroup results as the margin of error for any subgroup is higher than that of the overall survey

Drug Use

Youth Comparisons	Seneca County 2009 (6 th -12 th)	Seneca County 2013 (6 th -12 th)	Seneca County 2016 (6 th -12 th)	Seneca County 2018/2019 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (9 th -12 th)	Ohio 2019 (9 th -12 th)	U.S. 2019 YRBS (9 th -12 th)
Currently use marijuana (in the past 30 days)	10%	9%	5%	10%	8%	12%	16%	22%
Tried marijuana for the first time before age 13	N/A	3%	4%	3%	6%	7%	N/A	6%
Ever took prescription drugs without a doctor's prescription (in their lifetime)	10%	7%	4%	11%*	10%	11%	12%	14%
Ever used methamphetamines (in their lifetime)	N/A	N/A	N/A	N/A	<1%	1%	N/A	2%
Ever used cocaine (in their lifetime)	N/A	N/A	N/A	N/A	1%	1%	4%	4%
Ever used heroin (in their lifetime)	N/A	N/A	N/A	N/A	1%	1%	2%	2%
Ever used inhalants (in their lifetime)	N/A	N/A	N/A	N/A	2%	3%	8%	6%
Ever took steroids without a doctor's prescription (in their lifetime)	N/A	N/A	N/A	N/A	<1%	<1%	N/A	2%
Ever used ecstasy (also called MDMA in their lifetime)	N/A	N/A	N/A	N/A	<1%	1%	N/A	4%
Were offered, sold, or given an illegal drug on school property (in the past 12 months)	9%	5%	2%	5%	7%	9%	15%**	22%**

N/A – Not Available

*OHYES questionnaire asked this question slightly different from YRBSS. Please compare with caution.

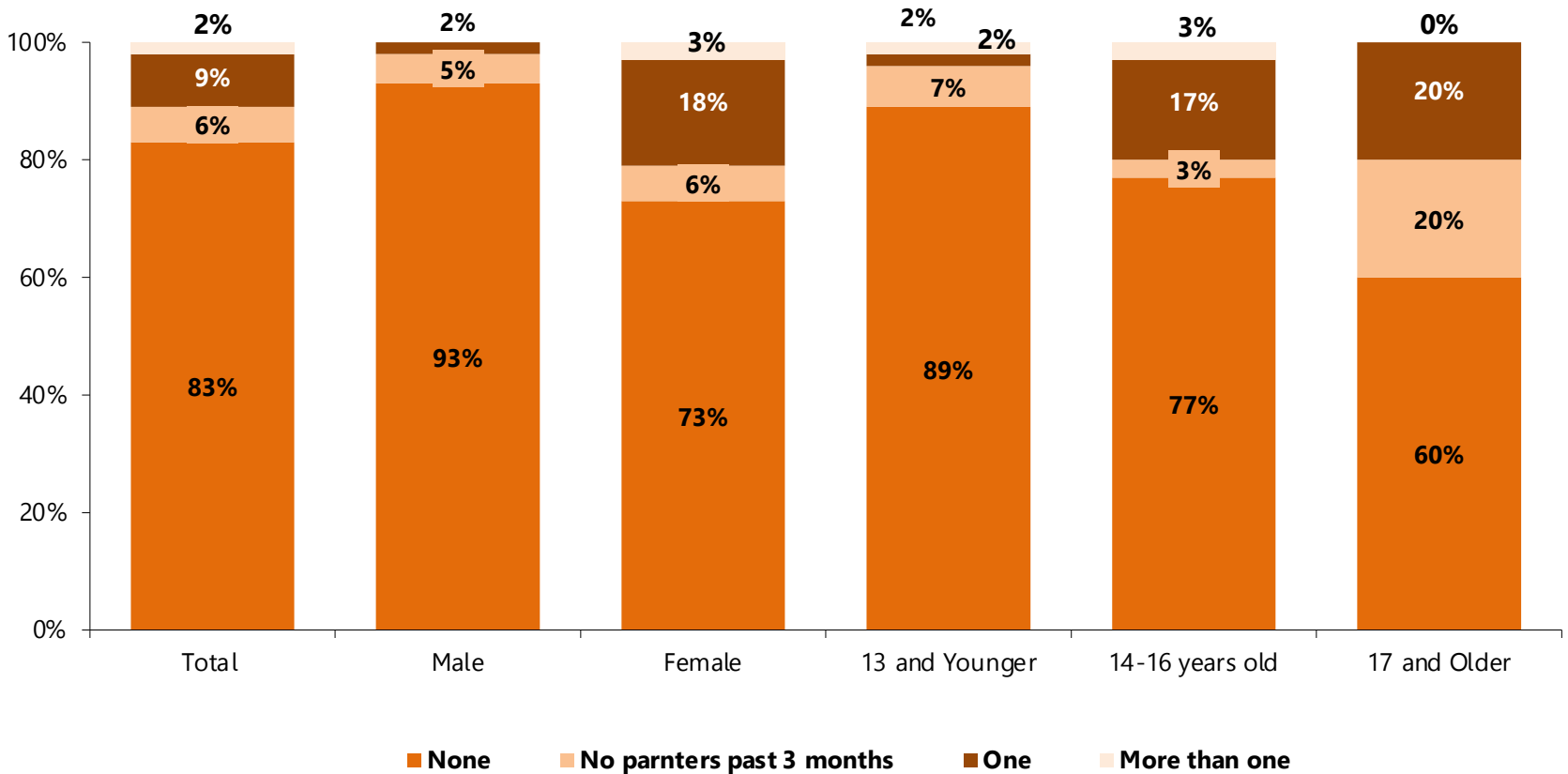
**YRBS is for youth who were ever offered, sold, or given any illegal drugs on school property

Sexual Behavior

- 17% of all Seneca County youth had ever had sexual intercourse
 - Increasing to 60% of those ages 17 and older
- In the past 3 months, 12% of all youth had sexual intercourse with one or more persons
 - Increasing to 21% of females
- Among those who ever had sexual intercourse, youth used the following methods to prevent pregnancy:
 - Condoms (27%)
 - Birth control pills (7%)
 - Shot, patch, or birth control ring (7%)

Sexual Behavior

Seneca County Number of Sexual Partners in the Past 3 Months*



*Respondents were asked: "During the past 3 months, with how many different people have you had sexual intercourse?"
 Note: Caution should be used when interpreting subgroup results as the margin of error for any subgroup is higher than that of the overall survey.

Mental Health

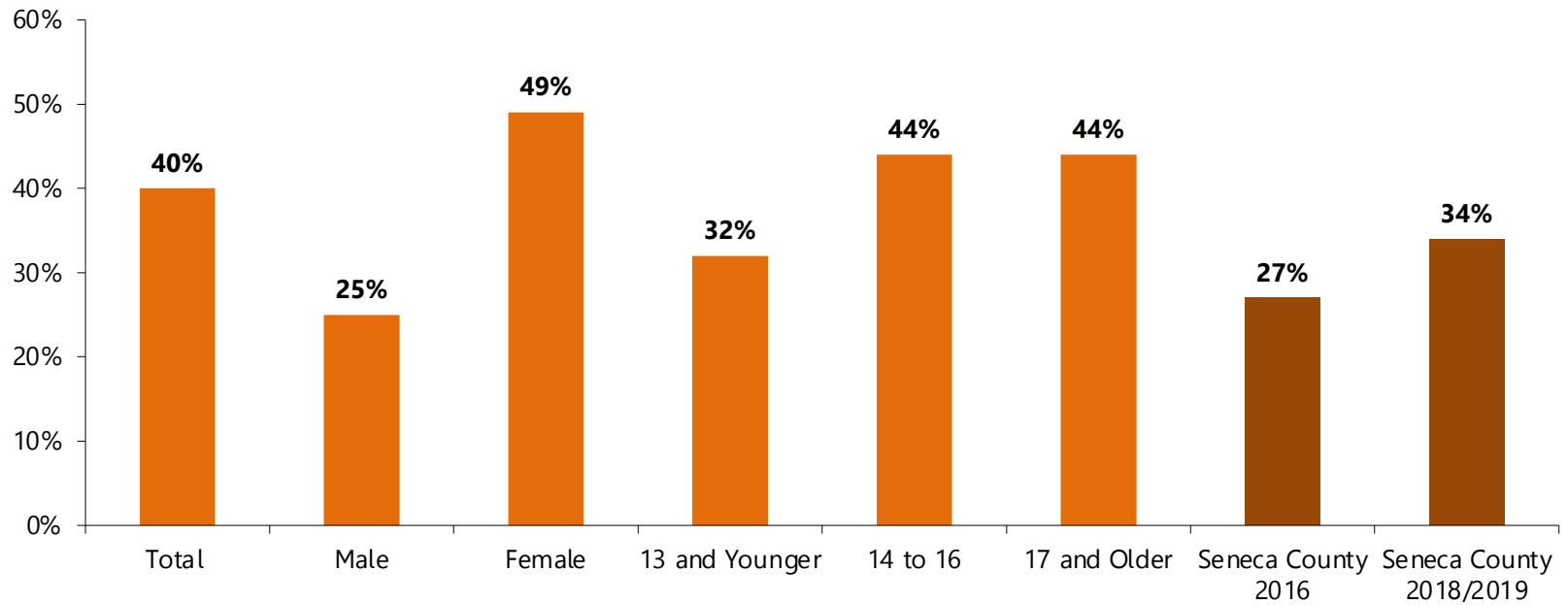
- 40% of youth reported they felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities
 - Increasing to 49% of females
- 19% of youth reported they had seriously considered attempting suicide in the past 12 months
 - Increasing to 25% of youth ages 17 and older
- 9% of youth had attempted suicide in the past year
- Among youth who attempted suicide in the past year, 26% reported their suicide resulted in injury, poisoning, or overdose that had to be treated by a doctor or nurse

Mental Health

- Seneca County youth reported the following ways of dealing with stress:
 - Physical activity (47%)
 - Avoid people who create drama (45%)
 - Express oneself through the arts and literature (36%)
 - Participate in hobbies or community service (28%)
 - Get support from others (26%)
 - Meditate, pray, or use relaxation techniques (19%)
 - Limit exposure to social media (18%)
- 12% of youth reported they did not have stress

Mental Health

**Seneca County Youth Who Felt Sad or Hopeless
for Two or More Weeks in a Row**



Note for graph: Caution should be used when interpreting subgroup results as the margin of error for any subgroup is higher than that of the overall survey.

Mental Health

Youth Comparisons	Seneca County 2009 (6 th -12 th)	Seneca County 2013 (6 th -12 th)	Seneca County 2016 (6 th -12 th)	Seneca County 2018/2019 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (9 th -12 th)	Ohio 2019 (9 th -12 th)	U.S. 2019 YRBS (9 th -12 th)
Felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities in the past 12 months)	21%	23%	27%	34%	40%	44%	33%	37%
Seriously considered attempting suicide (in the past 12 months)	N/A	N/A	N/A	N/A	19%	24%	16%	19%
Attempted suicide (in the past 12 months)	N/A	N/A	N/A	N/A	9%	11%	7%	9%
Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (in the past 12 months)	N/A	N/A	N/A	N/A	3%	3%	N/A	N/A

N/A – Not Available

Social Determinants of Health

- 49% of youth had been to the doctor or nurse for a routine check-up in the past year
- 64% of youth reported they last saw a dentist for a check-up, exam, teeth cleaning, or other dental work less than a year ago
- 10% of youth reported that they had a disability or long-term health problem that prevented them from doing every day activities
- 27% of youth got 8 or more hours of sleep on an average school night
 - Conversely, 51% got 6 hours or less

Social Determinants of Health

- 11% of youth reported they did not feel safe in their neighborhood
- Youth reported they agreed or strongly agreed with the following statements about school:
 - My parents push me to work hard in school (75%)
 - My parents talk to me about what I do in school (62%)
 - My school provides various opportunities to learn about and appreciate different culture and ways of life (47%)
 - I can go to adults at my school for help if I needed it (46%)
 - I feel like I belong at my school (35%)
 - I enjoy coming to school (24%)

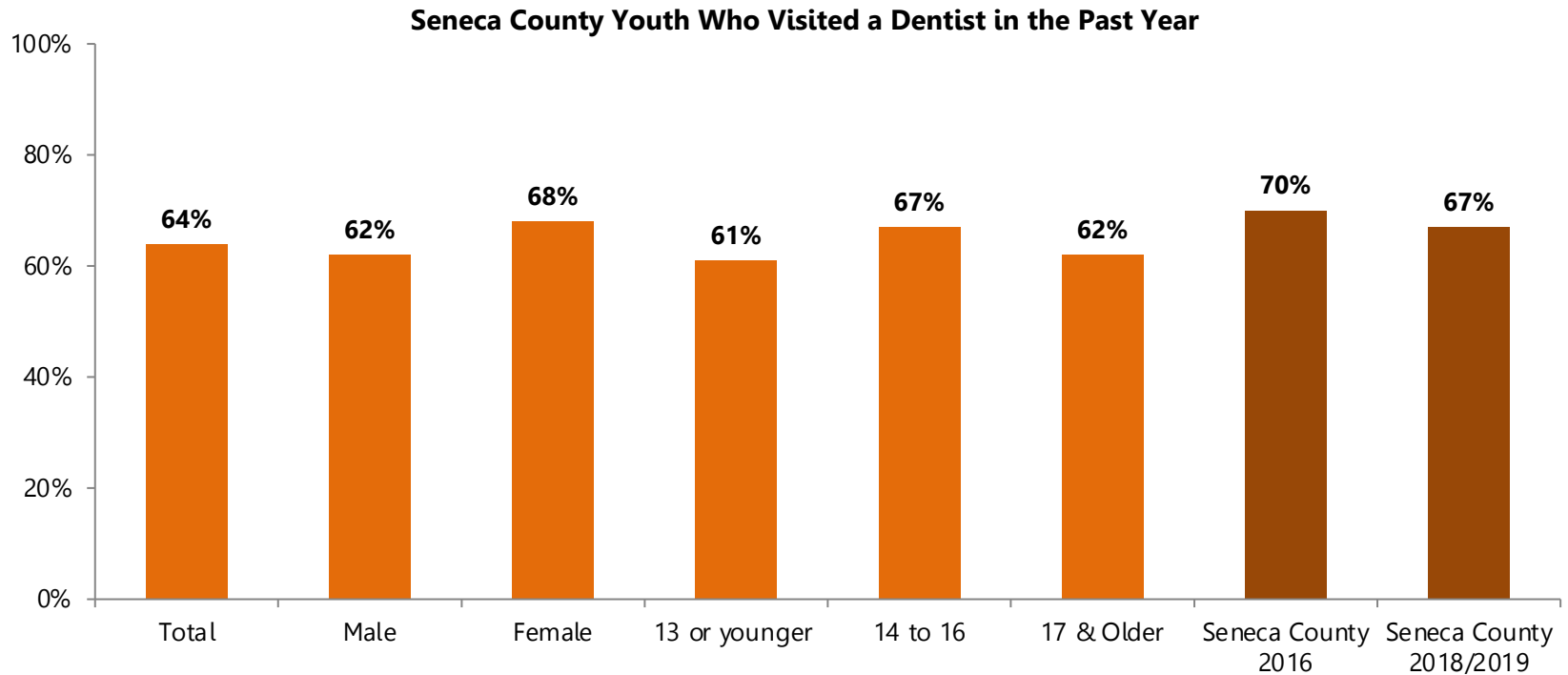
Social Determinants of Health

- During the past year, 18% of youth reported gambling money or things while playing cards, betting on personal skills or sports teams, buying lottery tickets or scratch-offs, or in internet gaming
- During the past year, youth reported they had experienced the following gambling situations:
 - Gambled more than they planned to (27%)
 - Felt bad about the amount they bet, or about what happened when they bet on money or things (27%)
 - Hid from family or friends any betting slips, I.O.U.s, lottery tickets, money or things they won, or other signs of gambling (15%)
- 21% of youth gamblers reported they had ever lied to important people in their lives and about how much they gamble

Social Determinants of Health

- Youth reported the following childhood adverse experiences (ACEs):
 - Parents became separated or were divorced (41%)
 - Lived with someone who was depressed, mentally ill, or suicidal (36%)
 - Parents or adults in home swore at them, insulted them, or put them down (33%)
 - Lived with someone who was a problem drinker or alcoholic (26%)
 - Lived with someone who served time or was sentenced to serve time in prison or jail (24%)
 - Parents were not married (23%)
 - Lived with someone who used illegal street drugs or abused prescription medication (19%)
 - Etc.
- 32% of youth had experienced three or more ACEs in their lifetime

Social Determinants of Health



Note for graphs: Caution should be used when interpreting subgroup results as the margin of error for any subgroup is higher than that of the overall survey.

Social Determinants of Health

Youth Comparisons	Seneca County 2009 (6 th -12 th)	Seneca County 2013 (6 th -12 th)	Seneca County 2016 (6 th -12 th)	Seneca County 2018/2019 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (9 th -12 th)	Ohio 2019 (9 th -12 th)	U.S. 2019 YRBS (9 th -12 th)
Visited a doctor or other healthcare professional (for a routine check-up in the past year)	66%	68%	65%	52%	49%	51%	N/A	N/A
Visited a dentist within the past year (for a check-up, exam, teeth cleaning, or other dental work)	74%	74%	70%	67%	64%	66%	N/A	N/A

N/A – Not Available

Violence

- 17% of youth were threatened or injured with a weapon on school property in the past year
- 18% of youth had been involved in a physical fight in the past year
 - Increasing to 24% of males
- 43% of youth had been bullied in the past year. The following types of bullying were reported:
 - 33% were verbally/emotionally bullied
 - 25% were indirectly bullied
 - 11% were cyber/electronically bullied
 - 10% were physically bullied
 - 2% were sexually bullied
- In the past year, 27% of youth had been bullied on school property

Violence

Youth Comparisons	Seneca County 2009 (6 th -12 th)	Seneca County 2013 (6 th -12 th)	Seneca County 2016 (6 th -12 th)	Seneca County 2018/2019 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (7 th -12 th)	Seneca County 2022 OHYES! (9 th -12 th)	Ohio 2019 (9 th -12 th)	U.S. 2019 YRBS (9 th -12 th)
Were in a physical fight (in the past 12 months)	N/A	N/A	N/A	20%	17%	15%	19%	22%
Were in a physical fight on school property (in the past 12 months)	N/A	N/A	N/A	8%	8%	6%	N/A	8%
Threatened or injured with a weapon on school property (in the past 12 months)	7%	5%	5%	11%	17%	19%	N/A	7%
Did not go to school because they felt unsafe (at school or on their way to or from school in the past 30 days)	4%	5%	4%	8%	22%	21%	N/A	9%
Bullied on school property (in the past year)	N/A	33%	26%	25%	27%	27%	14%	20%
Electronically bullied (bullied through e-mail, chat rooms, instant messaging, websites or texting in the past year)	10%	13%	9%	10%	19%	19%	13%	16%
Experienced physical dating violence (including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with in the past 12 months)	N/A	N/A	N/A	N/A	9%	10%	10%	8%

N/A – Not Available

Perceptions

Perceived Great Risk of Substance Use

How much do you think people risk harming themselves if they:	Total	Male	Female	13 or younger	14-16 years old	17 or older
Have five or more alcoholic beverages once or twice a week	25%	24%	26%	22%	28%	23%
Smoke one or more pack of cigarettes per day	51%	50%	54%	44%	58%	50%
Use electronic vapor products every day	30%	31%	30%	30%	31%	27%
Smoke marijuana once or twice a week	26%	26%	27%	32%	25%	18%
Misuse prescription drugs	54%	52%	58%	47%	57%	62%

Perceptions

Perceived Degree of Great Disapproval by Parents

Parents feel it would be <u>very wrong</u> for you to do the following:	Total	Male	Female	13 or younger	14-16 years old	17 or older
Have one or two drinks of an alcoholic beverage nearly every day	63%	64%	65%	67%	64%	53%
Smoke tobacco	74%	77%	74%	79%	74%	66%
Use electronic vapor products	67%	70%	68%	72%	67%	60%
Smoke marijuana	71%	72%	72%	81%	68%	57%
Misuse prescription drugs	79%	80%	81%	75%	80%	83%

Perceptions

Perceived Degree of Great Disapproval by Friends

Friends feel it would be <u>very wrong</u> for you to do the following:	Total	Male	Female	13 or younger	14-16 years old	17 or older
Have one or two drinks of an alcoholic beverage nearly every day	38%	40%	38%	45%	38%	26%
Smoke tobacco	48%	50%	49%	56%	47%	33%
Use electronic vapor products	36%	40%	34%	48%	31%	23%
Smoke marijuana	46%	47%	48%	62%	39%	27%
Misuse prescription drugs	60%	63%	61%	62%	59%	61%

Questions?

**You will now be given an opportunity to
provide participant feedback.**

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Hospital Council of Northwest Ohio

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Participant Feedback Survey Link

- <https://www.surveymonkey.com/r/2022SenecaPerceptionsFeedback>
- QR Code:

