

Seneca County General Health District Monthly Newsletter



MAY 5, 2023 | VOLUME 02

HEPATITIS AWARENESS MONTH

The month of May is designated as Hepatitis Awareness Month, and May 19th is Hepatitis Testing Day. During May, CDC and our public health partners work to shed light on the impact of these hidden epidemics by raising awareness of viral hepatitis while encouraging testing and vaccination.



- There are several different viruses that can cause hepatitis; the most common types of viral hepatitis are hepatitis A, hepatitis B, and hepatitis C.
- Chronic hepatitis B and hepatitis C are leading causes of liver cancer in the United States. About 66% of people with hepatitis B are unaware of their infection and about 40% of people living with hepatitis C do not know they are infected.
- Both hepatitis A and hepatitis B are preventable with safe and effective vaccines, and hepatitis C is curable with prescribed treatment.
- CDC recommends all adults through age 59 and adults age 60 or older with risk factors get vaccinated against hepatitis A and hepatitis B. **Call us at (419) 447-3691 ext. 6333 to schedule an appointment.**

EMPLOYEE OF THE MONTH

Ryan Sendelbach, REHS, is our May Employee of the Month.

He was nominated by a co-worker for:

- Surpassing each of our core values.
- Never hesitating to step in when someone is dealing with an unhappy customer.
- Covering other job duties when someone is on vacation or sick.
- Always willing to discuss how we can change things to make our job duties flow.
- Always being up for any challenge and never complaining when one is presented to him.



CONGRATULATIONS, RYAN!

NATIONAL WOMEN'S HEALTH WEEK

National Women's Health Week is celebrated each year, beginning on Mother's Day, to encourage women and girls to make their health a priority. The theme for this year is, "Women's Health, Whole Health: Prevention, Care and Wellbeing."

To improve your physical and mental health, you can:

- Get regular checkups, including a yearly well-woman exam. Talk to a healthcare provider about any health concerns you have.
- Get active.
- Eat a healthy and balanced diet.
- Prioritize your mental health and learn how to cope with stress.
- Practice healthy behaviors. Daily decisions influence your overall health.

CHECK US OUT!






WWW.SENECAHEALTHDEPT.ORG

2023 1st Quarter COVID-19 Data	January	February	March
cases	201	121	152
hospitalizations	13	7	5
% fully vaccinated (primary series) among hospitalized cases	69%	86%	100%
deaths	3	0	0
% fully vaccinated (primary series) among deaths	0%	----	----

SENECA COUNTY REMAINS AT A LOW COVID-19 COMMUNITY LEVEL.

Recommended actions related to COVID-19 include:

- 
 Get tested if you have COVID-19 symptoms. FREE home tests are available through our distribution partner Seneca County EMA. Contact EMA at (419) 447-0266; the office is located at 126 Hopewell Ave, Tiffin.
- 
 Stay home away from others if you have COVID-19 for at least 5 days.
- 
 COVID-19 vaccinations are available for all ages. Call us at (419) 447-3691 ext. 6333 to schedule an appointment.

TICK BITE PREVENTION

Tick exposure can occur year-round, but ticks are most active during warmer months (April-September).

Just because ticks are out doesn't mean you can't be! Check in these key places for ticks when you get back inside.

- Your scalp and neck
- Behind your knees
- In your ears, or around them

Tick Bite Prevention





-  **Walk in the center of trails.**
-  **Use insect repellents.**
-  **Treat clothing and gear with products containing 0.5% permethrin.**
-  **Check for ticks at the end of the day!**

PHOTO AND INFORMATION COURTESY OF OHIO DEPARTMENT OF HEALTH

OHIO EPA PUBLIC MEETING SCHEDULED

Ohio EPA will host a public meeting on Thursday, May 11 regarding an application to modify the wastewater discharge permit for Sunny Farms Landfill in Fostoria. The meeting will be held at Stacy's Place, 625 Plaza Drive, Fostoria. An information session begins at 6 p.m. with a hearing immediately following, during which the public can submit comments about the application for the discharge permit. WIN Waste Innovations, which owns the landfill, has applied for a permit to move two existing stormwater sedimentation ponds to new locations. The ponds collect stormwater runoff from the landfill property to promote settling of solid particles before the water discharges to a local stream. The ponds do not contain leachate from the waste in the landfill.

This application is related to the company's request to expand the landfill. The wastewater discharge permit, if approved, would not allow the company to begin an expansion. An application to expand the landfill is being reviewed separately, which would involve another opportunity for public input. Ohio EPA is accepting public comments about the application until 5 p.m. on May 18. The application is available for review online. Written comments can be submitted during the hearing, mailed to Ohio EPA-DSW, Attn: Permits Processing Unit, P.O. Box 1049, Columbus, OH 43216-1049, or emailed to: epa.dswcomments@epa.ohio.gov. Please include the permit name or ID number (NPDES permit 2IN00136) in the subject line of emails.

