Seneca County General Health District

Monthly Newsletter

MAY 3, 2024 | VOLUME 14

WHAT'S GOING AROUND

Each month, SCGHD's epidemiologist outlines illnesses with the highest activity in Seneca County.

In the last month, infectious diseases on the rise in Seneca County included enteric diseases. Enteric diseases are those that affect the intestines, such as salmonellosis and campylobacteriosis.

According to data collected by SCGHD's epidemiologist, roughly 4.5 percent of disease reports received by SCGHD in the last month included a variety of enteric diseases. This is an increase in the number of reports of enteric diseases compared to the previous month.

To help prevent enteric illnesses such as salmonellosis and campylocbacteriosis, follow these tips from SCGHD:

- Wash your hands after using the restroom, before eating and when hands are visibly dirty. You should also wash your hands before, during, and after preparing food.
- Avoid touching your mouth with unclean hands, as germs spread this way.
- Make sure meat, poultry, and eggs reach the proper cooking temperature. It's also important to wash fruits and vegetables, and to promptly refrigerate food.

DRUG USE PREVENTION & EDUCATION

Seneca County Health Commissioner Julie Richards recently collaborated with Old Fort Local School District's School Safety Director, Don Pratt, on a number of health promotion activities. One of the programs Richards and Pratt have engineered is a comprehensive education, outreach, and mitigation project to highlight the health dangers of drug use. Elements of this program will provide drug use prevention, distribute naloxone, and provide life-saving training to prevent opioid overdose and promote harm reduction.

EMPLOYEE OF THE MONTH

Carolyn Tompkins has been selected as SCGHD's May Employee of the Month.

Carolyn works in Vital Statistics at SCGHD and was nominated by a co-worker for her willingness to always help and learn new skills.

Carolyn's co-worker said she appreciates having Carolyn in the office, and that Carolyn is flexible and will work additional hours when needed.

Congratulations

CAROLYN!

SCGHD INSPECTIONS

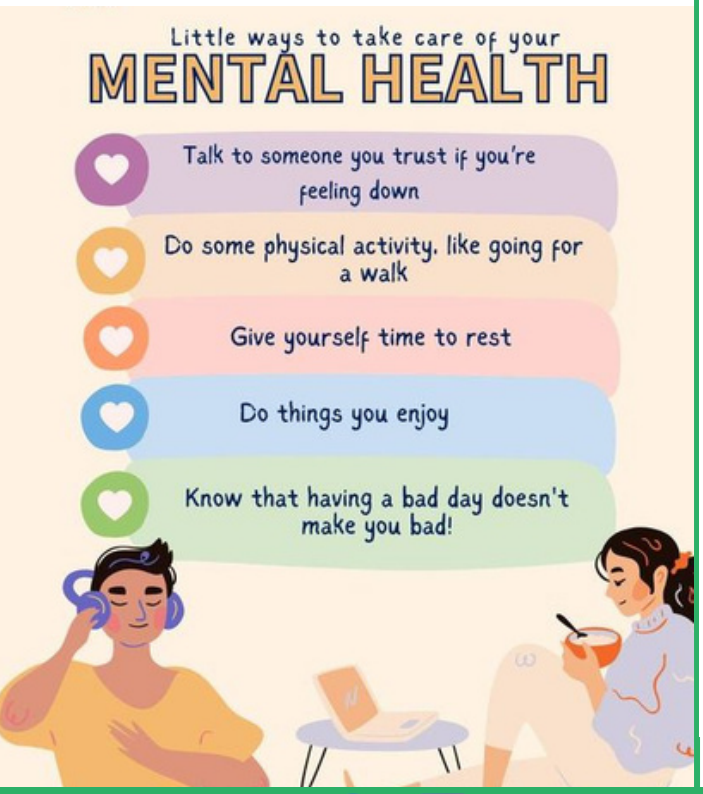
Did you know SCGHD's Environmental Health Division performs hundreds of inspections each year? Restaurants, recreational camps, and swimming pools are just some of the locations inspected by our environmental staff. Sanitarians at SCGHD perform a wide variety of public health functions which include inspection, regulation, and enforcement of food facilities, public swimming pools and spas, campgrounds and RV parks, manufactured home parks, beaches, and tattoo and body piercing establishments.

To see inspection results of food facilities, camp facilities, and recreational water facilities, click here

MENTAL HEALTH AWARENESS MONTH

May is Mental Health Awareness Month. Since its inception in 1949, Mental Health Awareness Month has been a cornerstone of addressing the challenges faced by millions of Americans living with mental health conditions.

Check out these ways to take care of your mental health, courtesy of World Health Organization.



SENECA COUNTY
General Health District
PREVENT. PROMOTE. PROTECT.

REQUESTS FOR
VITAL RECORDS

Seneca County General Health District

Vital Statistics

Scan here to order vital records online.

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92 E. Perry St.
Tiffin, OH 44833
Phone: 419-447-3691 ex.6300
Fax: 419-448-5782
Email: vitals@senecahealthdept.org