Seneca County General Health District

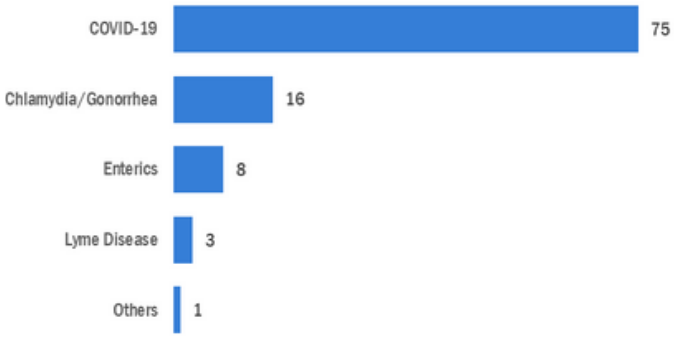
Monthly Newsletter

AUGUST 2, 2024 | VOLUME 17

WHAT'S GOING AROUND

Each month, SCGHD's epidemiologist outlines illnesses with the highest activity in Seneca County.

Last month, the infectious disease with the most probable and confirmed cases in Seneca County was COVID-19. Several cases of chlamydia and gonorrhea also were reported.



To help prevent respiratory illnesses such as COVID-19, follow these tips from SCGHD:

- Avoid close contact with people who are sick.
- If you are sick, stay home and limit contact with others as much as possible to keep from infecting them.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth. Germs spread this way.

For tips on how help prevent sexually transmitted infections such as chlamydia or gonorrhea, click here.

FIGHT THE BITE

Bites from mosquitoes can make you sick. Germs that cause diseases like West Nile are spread through mosquito bites, but you can fight the bite by following these tips:

- ☑ Use an Environmental Protection Agency (EPA)-registered repellent when going outdoors.
- ☑ Wear light-colored clothing, long sleeves, long pants, and socks when outdoors.
- ☒ Consider avoiding outdoor activities during peak mosquito biting hours (dusk to dawn).
- ☒ Reduce the number of mosquitoes around your home by emptying standing water on a regular basis from flowerpots, gutters, buckets, pool covers, pet water dishes, discarded tires, and bird baths.

EMPLOYEE OF THE MONTH

Lori Clouse has been selected as SCGHD's August Employee of the Month.

Lori is a public health nurse and was nominated by a co-worker for being a tremendous asset to the nursing division.

Lori's co-worker said Lori is efficient in helping with the "Get Vaccinated" grant, and has taken over as a school nurse at Mohawk Local Schools without hesitation. She also has put great effort in the Children with Medical Handicaps (CMH) Program.

Congrats LORI!

JR SENECA MEDICAL RESERVE CORPS

The Seneca County Medical Reserve Corps has a lot to offer for a variety of ages, including high school and college students.

Through JR Seneca-MRC, students can get hands-on experience in disaster response and medical preparedness training, and also actively participate in community events.

JR Seneca-MRC members have access to continuing education courses, mentorships, working liaisons with local professionals, and opportunities to actively work in logistics and operations on small and large-scale public aid events.

JR Seneca-MRC programs also count toward community service credit hours and enhance college applications and resumes. The JR Seneca-MRC program helps youth build a foundation and gather momentum toward future job opportunities in the healthcare and public safety industries while making a positive impact in our communities!

You can be a hero in your community!

To find out more about JR Seneca-MRC, call:

(419) 447-3691 ext. 6333.

Adults interested in joining Seneca County MRC can visit:

www.ohioresponds.odh.ohio.gov

CELEBRATE BREASTFEEDING

Join Seneca County WIC and Mercy Health -Tiffin Hospital in celebrating National Breastfeeding Month.

The Party in the Park will feature door prizes, raffles, games, crafts, free lunch, and more!

WHAT TO EXPECT

- Door Prizes, Raffles, Kids corner with crafts and games
- Photographer will be present to take photos of you and your family - FREE!
- Free Lunch - hot dogs, chips, desserts, and water
- T-Shirt for every breastfeeding Mom (pre-register to guarantee your size)
- Contact Stephanie for more information
  Call or text: 567-707-0722

COMMUNITY VACCINE SURVEY

We want your feedback!

Let us know your thoughts on vaccines and Seneca County General Health District by completing this 1-minute survey.

Scan the QR code or click the link below to access the survey.

We care about what you think.

Please answer this quick survey about vaccines and Seneca County General Health District.

SENECA COUNTY
General Health District
PREVENT. PROMOTE. PROTECT.

https://www.surveymonkey.com/r/LRDVQMQ

CHECK US OUT!

WWW.SENECAHEALTHDEPT.ORG