Seneca County General Health District

Monthly Newsletter

SENECA COUNTY General Health District
PREVENT. PROMOTE. PROTECT.

SEPTEMBER 6, 2024 | VOLUME 18

WHAT'S GOING AROUND

Each month, SCGHD's epidemiologist outlines illnesses with the highest activity in Seneca County.

Last month, the infectious disease with the most probable and confirmed cases in Seneca County was COVID-19.
According to data from SCGHD's epidemiologist, a total of 174 disease cases were investigated last month.
Of the 174 cases, 148 were COVID-19, 13 were chlamydia or gonorrhea, 6 were hepatitis B or C, and 5 were gastrointestinal illnesses.

To help prevent respiratory illnesses such as COVID-19, follow these tips from SCGHD:

Avoid close contact with people who are sick.
If you are sick, stay home and limit contact with others as much as possible to keep from infecting them.

Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub that contains at least 60% alcohol.

Avoid touching your eyes, nose, and mouth. Germs spread this way.

Schedule your COVID-19, flu and RSV vaccine now! Call (419) 447-3691 ext. 6333 to schedule an appointment, or visit a walk-in clinic on Wednesdays from 8:10 a.m. to 3:15 p.m. at our Tiffin location, 92 E. Perry St.

COMMUNITY CANCER ASSESSMENT

Seneca County General Health District is currently performing a cancer assessment of the city of Fostoria and Loudon, Big Springs and Jackson townships in Seneca County. Washington and Biglick townships in Hancock County, and Perry Township in Wood County also are part of the cancer assessment.
If you or a family member has been diagnosed with cancer in the last three (3) years, and you reside or resided in the city of Fostoria or Loudon, Big Springs, Jackson, Washington, Biglick or Perry townships at the time of your diagnosis, please visit: ***https://senecahealthdept.org/community/community-cancer-assessment/*** for more information and to fill out a Cancer Concerns Reporting Form.
You may also print out the reporting form and mail it to: Seneca County General Health District, 92 E. Perry St., Tiffin Ohio, 44883. Printed forms are available for pick up at the health district's Tiffin location, 92 E. Perry St., and Fostoria location, 801 Kirk St.

EMPLOYEE OF THE MONTH

Matt Beckman has been selected as SCGHD's September Employee of the Month.
Matt is a Registered Environmental Health Specialist and was nominated by a co-worker for being helpful and patient while working with her on a grant.
Matt's co-worker said Matt works hard to serve residents and offers a lot of knowledge and experience needed to continue the grant.

LET'S TALK PUBLIC HEALTH!

Is your business or organization interested in learning about public health and how it affects our communities? Let our knowledgeable staff come to you!

We offer educational sessions on a variety of health-related topics, including nursing, emergency preparedness, nutrition & mental health, epidemiology and environmental health.

Contact us for more information!

NURSING

Children with Medical Handicaps Program (CMH)
Stop the Bleed
The Importance of Vaccines
Sexual Health
Preventing Falls in the Elderly
The Role of a School Nurse
The Dangers of E-Vaping and Vaping

NUTRITION & MENTAL HEALTH

Nutrition and Pregnancy
Infant & Childhood Nutrition
Suicide Prevention
Mental Health and Mental Wellness
Trauma and Adverse Childhood Experiences (ACES)
Stress Management & Mental Wellness

EMERGENCY PREPAREDNESS

Preparing for Emergencies at Home
Save a Life with NARCAN
Seneca County Medical Reserve Corps
Workplace Emergency Preparedness

EPIDEMIOLOGY

Flu, RSV & COVID-19 Prevention
Infectious Disease Prevention
The Role of an Epidemiologist
Responding to an Outbreak

ENVIRONMENTAL HEALTH

Lead Poisoning Prevention & Response
Mosquito & Tick Safety
Food Safety at Home

Want to learn more or schedule an educational session?

email: ehandru@senecahealthdept.org

COVID-19 TEST KITS

Looking for a COVID-19 test kit? We've got them!

COVID-19 testing can help you know if you have COVID-19 so you can decide what to do next, like getting treatment to reduce your risk of severe illness and taking steps to lower your chances of spreading the virus to others.