Seneca County General Health District

Monthly Newsletter

OCTOBER 4, 2024 | VOLUME 19

WHAT'S GOING AROUND

Each month, SCGHD's epidemiologist outlines illnesses with the highest activity in Seneca County.

Last month, the infectious disease with the most probable and confirmed cases in Seneca County was COVID-19.

According to data from SCGHD's epidemiologist, a total of 180 disease cases were investigated in the last month.

Of the 180 cases, 154 were COVID-19, 11 were chlamydia, and 7 were foodborne illnesses.

Respiratory virus season, which starts in October and runs through April, has officially begun!

To help prevent respiratory illnesses such as COVID-19:

Avoid close contact with people who are sick. If you are sick, stay home and limit contact with others as much as possible to keep from infecting them.

Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub that contains at least 60% alcohol.

Avoid touching your eyes, nose, and mouth. Germs spread this way.

Schedule your COVID-19, flu and RSV vaccine now! Call (419) 447-3691 ext. 6333 to schedule an appointment, or visit a walk-in clinic on Wednesdays from 8:10 a.m. to 3:15 p.m. at our Tiffin location, 92 E. Perry St.

SIDS AWARENESS MONTH

Sudden Unexpected Infant Death (SUID), which includes Sudden Infant Death Syndrome (SIDS), is the leading cause of injury death in infancy. Sleep is a big challenge for families with babies, but following safe sleep recommendations can prevent many SUID fatalities.

- Place infants on their backs for sleep in their own sleep space with no other people.
- Use a crib, bassinet or portable play yard with a firm, flat mattress and a fitted sheet. Avoid sleep on a couch or armchair or in a seating device, like a swing or car safety seat (except while riding in the car).
- Keep loose blankets, pillows, stuffed toys, bumpers and other soft items out of the sleep space.
- Breastfeed if possible and avoid smoking.

EMPLOYEE OF THE MONTH

Nicki Rumschlag has been selected as SCGHD's October Employee of the Month.

Nicki is a Registered Environmental Health Specialist and was nominated by a co-worker for receiving positive feedback from a local restaurant.

Nicki's co-worker said the restaurant reported having a great experience with SCGHD, specifically with Nicki. Thank you, Nicki, for having a positive impact in the community!

CHILDREN WITH MEDICAL HANDICAPS PROGRAM

Do you have or know of a child with a special health care need?
The Children with Medical Handicaps Program (CMH) may be able to help!
CMH is a health care program at SCGHD that links families of children with special health care needs to a network of quality providers. It also helps families obtain payments for services their child needs.
CMH assures that families who have children with special health needs receive comprehensive care to minimize the handicapping effects of certain health conditions.
Through the CMH program, public health nurses make home visits, do health and family assessments, provide coordination of care, and help families in implementing the child's plan of care. They also provide emotional support, education, and referral to other needed services.

Children who have a qualifying health condition and meet certain financial criteria can enroll in the program. Some of the eligible conditions include:

- AIDS
- Hearing loss
- Cancer
- Juvenile arthritis
- Cystic Fibrosis
- Cerebral palsy
- Metabolic disorders
- Cleft lip/palate
- Severe vision disorders
- Sickle cell disase
- Diabetes
- Spina bifida
- Scoliosis
- Hemophilia

Wanto to learn more?
Call (419) 447-3691 ext. 6358.

Are you PROTECTED?

Schedule your flu, RSV and COVID-19 vaccines now!

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or
visit a walk-in clinic on Wednesdays
8:10 am. to 3:15 p.m. at
Seneca County General Health District
92 E. Perry St. Tiffin

SENECA COUNTY
General Health District
PREVENT. PROMOTE. PROTECT.

Flu vaccines are available for ages 6 months and up. High-dose flu vaccines are available for those 65 and older. All vaccines are based on availability.

COMMUNITY HEALTH NEEDS SURVEY

Help us understand our communities' health needs by taking a short survey!
Results of the survey will help SCGHD identify and address health issues in Seneca County.

Scan the QR code below or click here to complete the survey

CHECK US OUT!

WWW.SENECAHEALTHDEPT.ORG