Seneca County General Health District

Monthly Newsletter

JUNE 6, 2025 | VOLUME 26

WHAT'S GOING AROUND

Each month, SCGHD's epidemiologist outlines illnesses with the highest activity in Seneca County.

In May, a total of 41 disease cases were reported to SCGHD. Of these, 27 were counted as cases. Fourteen (51.8%) of the cases were either chlamydia or gonorrhea, and 7 (25.9%) were COVID-19. There were also 4 enteric diseases and 2 additional cases of different bacterial and viral diseases.

To help prevent sexually transmitted infections like chlamydia and gonorrhea and to protect your health, Talk. Test. Treat.

TALK with your partners and healthcare providers about sexual health and STIs.
TEST- it's the only way to know if you have an STI
TREAT - If you test positive for an STI, work with your healthcare provider to get the correct treatment.

These 3 small actions can have a big impact on your sexual health

INFLUENZA SEASON IS OFFICIALLY OVER!

MEN'S HEALTH MONTH

June is Men's Health Month and this year's theme is centered on closing the empathy gap in men's health through advocacy, awareness, and action.

DID YOU KNOW?

- Men die 6 years earlier than women due to preventable health issues.
- Prostate cancer & testicular cancer receive far less attention.
- Suicide rates among men are significantly higher, yet mental health initiatives often fail to acknowledge interventions that resonate with men.

MEN'S HEALTH MONTH IS ALL ABOUT ENCOURAGING MEN AND BOYS TO LIVE A SAFE, HEALTHY LIFESTYLE! CHECK OUT MORE INFORMATION HERE.

EMPLOYEE OF THE MONTH

Holly Feasel has been selected as SCGHD's Employee of the Month.

Holly works in the Fiscal Division and was nominated by a co-worker for being a great asset to both the fiscal division and the health district. Her co-worker said she is a hardworking and dependable employee and has picked up her responsibilities very quickly in her short amount of time at the health district.

"She understands the importance of accuracy and does her job efficiently and proficiently," her co-worker said. "I enjoy working with Holly; the Fiscal Division wouldn't know what to do without her."

Congratulations Holly!

SCGHD DIVISION SPOTLIGHT

This month, our Emergency Preparedness Division is in the spotlight!

Seneca County General Health District is responsible for preparing its partners and the community to respond to adverse events that affect the public's health in our community. Emergency preparedness activities and exercises are planned by SCGHD in cooperation with the public, the health care system, and safety and non-governmental organizations in Seneca County.

Above, Harold Huffman poses with kids at the Seneca County Fair after teaching them about JR Seneca-MRC. The program allows students to get hands-on experience in disaster response and medical preparedness training.

medical reserve corps
SENECA COUNTY UNIT 406

Health Commissioner Julie Richards watches MRC volunteers train with a new moulage training aid.

In 2024, SCGHD participated in 29 emergency preparedness exercises and trainings.

WALKING WEDNESDAYS

Say hello to Walking Wednesdays, a new initiative by Seneca County General Health District and Seneca Regional Chamber of Commerce to help our community move more and feel better—one step at a time. Walking is one of the simplest ways to improve your overall health, including health challenges like high blood pressure, diabetes, high cholesterol and even mental health struggles. Whether it's a stroll with coworkers, a walk in the park with friends, or a lunchtime lap around the block, Walking Wednesdays encourages you to take a break and take a walk.

WALKING WEDNESDAYS
SENECA COUNTY
General Health District

Let's walk together and build a healthier, stronger community! Follow us on Facebook for Walking Wednesdays' weekly ideas, contests, and more!

SWIM SAFETY

Heading to the pool for the first day of summer? Remind your kids to stay safe and always swim with a buddy. Also make sure you have a designated water watcher to help keep everyone safe. If you are the water watcher, be sure to:

- Put your cell phone down
- Avoid other activities
- Supervise even if there are lifeguards
- Switch off with another adult for breaks