Seneca County General Health District

Monthly Newsletter

OCTOBER 3, 2025 | VOLUME 30

WHAT'S GOING AROUND

Each month, SCGHD's epidemiologist outlines illnesses with the highest activity in Seneca County.

In September, illnesses reported to SCGHD included chlamydia, gonorrhea, respiratory diseases, and foodborne diseases.

October officially marks the beginning of respiratory virus season, which means common respiratory viruses such as influenza, RSV, and COVID-19 typically circulate at higher levels.

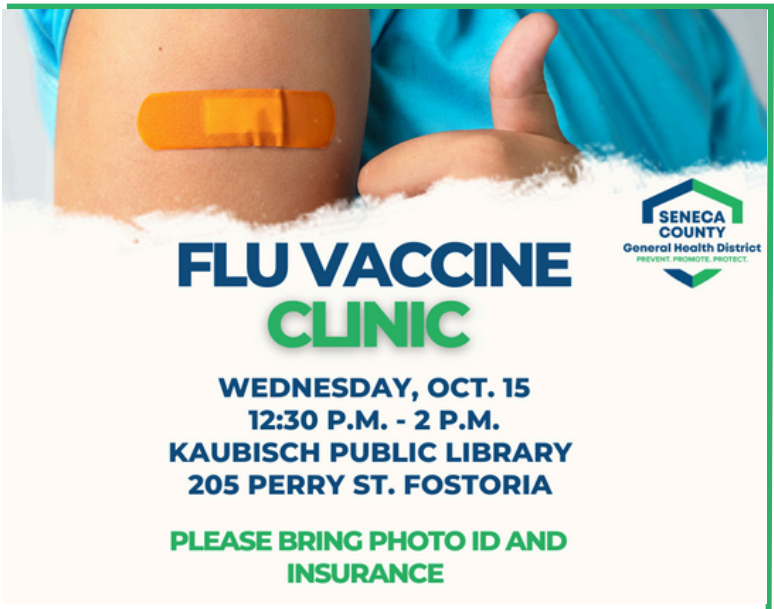
Want to learn more about communicable diseases and how to report them?
CLICK HERE

To help prevent respiratory illnesses:

Avoid close contact with people who are sick. If you are sick, stay home and limit contact with others as much as possible to keep from infecting them.

Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub that contains at least 60% alcohol.

Avoid touching your eyes, nose, and mouth. Germs spread this way. Cough and sneeze into a tissue or your elbow to prevent the spread of respiratory droplets that could make others sick.



Flu Vaccines also are available at SCGHD by appointment
Call (419) 447-3691 ext. 6333

EMPLOYEE OF THE MONTH

Sarah Clouse has been selected as SCGHD's Employee of the Month.

Sarah is a public health nurse at SCGHD, and was nominated by a co-worker for always being willing to step in and support others, whether it's assisting with day-to-day responsibilities, sharing knowledge or helping others with group projects.

"Sarah's positive spirit and kindness foster a productive environment that uplifts the entire team," her co-worker said.

Congratulations Sarah!

CHECK US OUT! TikTok **WWW.SENECAHEALTHDEPT.ORG**

PLEASE SUPPORT YOUR LOCAL HEALTH DISTRICT

✓ **0.3 mill levy renewal = NO tax increase**
($8 a year for a $100,000 valued property)

✓ **Levy funds support health programs for ALL ages:**

- Emergency Preparedness
- School Nursing Services
- Women, Infants & Children (WIC)
- Birth & Death Certificates
- Senior Citizen Health Services
- Nursing & Immunization Clinics
- Drug Prevention Education
- Epidemiology & Communicable Disease Investigations
- Family Planning Clinic
- Nuisance Complaint Investigations
- Complex Medical Help Program

Restaurant & Food Service Inspections

And Much More!

VOTE YES!

Paid for by the Seneca County General Health District Levy Committee

SENECA COUNTY
General Health District
PREVENT. PROMOTE. PROTECT

TIFFIN COMMUNITY KITCHEN

SERVSAFE CLASS

REGISTER NOW

OFFERING 2 DAY SERVSAFE CLASS

AT THE COMMUNITY KITCHEN

OCT 22ND AND 29TH

LOCATION: COMMUNITY KITCHEN

TIME: 9AM-2 PM BOTH DAYS

COST: 125.00 (IN PERSON INSTRUCTION, TEXTBOOK AND EXAM)

REGISTER BY CALLING 419.618.2611

OR EMAIL DIRECTOR@SCCOMMONGROUND.ORG

SENECA COUNTY COMMON GROUND

GLOBAL HANDWASHING DAY

Global Handwashing Day is October 15!

Many germs that can make people sick are spread when we don't wash our hands with soap and clean, running water. That is why handwashing is so important, especially at key times such as after using the bathroom, when preparing food, before eating, and after coughing, sneezing, or blowing your nose.

- Handwashing with soap could protect about 1 out of every 3 young children who get sick with diarrhea, and almost 1 out of 5 young children with respiratory infections like pneumonia.
- Although people around the world clean their hands with water, very few use soap to wash their hands. Washing hands with soap removes germs much more effectively.
- Estimated global rates of handwashing after using the toilet are only 19%.