Seneca County General Health District

Monthly Newsletter

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SENECA COUNTY
General Health District
PREVENT. PROMOTE. PROTECT.

WHAT'S GOING AROUND

Each month, SCGHD's epidemiologist outlines illnesses with the highest activity in Seneca County.

In January, a total of 58 disease cases were reported to SCGHD. Of these, 51 were confirmed as cases.

Of the 51 probable/confirmed cases, 16 were influenza-associated hospitalizations, nine were COVID-19 hospitalizations, and one was an RSV hospitalization. This means that roughly 50% of cases reported in January were hospitalizations from various respiratory diseases.

Last month there were also 15 cases of chlamydia, six different enteric (food or water-borne) diseases, and four cases of different bacterial and viral diseases.

To help prevent respiratory illnesses:

- Avoid close contact with people who are sick. If you are sick, stay home and limit contact with others as much as possible to keep from infecting them.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth. Germs spread this way. Cough and sneeze into a tissue or your elbow to prevent the spread of respiratory droplets that could make others sick.

Influenza activity in the county is currently LOW

EMPLOYEE OF THE MONTH

Tiffany Sherck has been selected as SCGHD's Employee of the Month.

Tiffany works in the Vitals Division and was nominated by a co-worker for "hitting the ground running" upon joining the SCGHD team.

Tiffany's co-worker said Tiffany willingly volunteers her time to best support the agency in its mission to compassionately and dependably provide great customer service to county residents.

"She is a superstar in support of working together to achieve our goals with respect, professionalism, and kindness to promote wellness for all," her co-worker said.

MOBILE HEALTH UNIT

Join us for individualized screenings, discussions, and linkages to services to improve your health in 2026!

The Ohio Department of Health Mobile Health Unit will be at Fostoria Learning Center and offering free preventative care for community members who are uninsured or underinsured, including blood pressure, glucose, and weight and height checks for adults. Immunizations for children and adults also will be available. Please bring your health insurance card, driver's license, and vaccination record if you plan on receiving vaccines. Appointments or pre-registration are not needed to receive services, though vaccine inventory may be limited.

Mental health education and screenings, as well as health and wellness education, also will be offered at the event. Women, Infants & Children (WIC) will be providing education and car seat registration, and giveaways will include NARCAN, sexual health supplies, and much more!

Free lunch will be served between noon and 2 p.m.

MOBILE HEALTH UNIT

Get on the Right Track to Better Health!

Monday, Feb. 9
10 a.m. - 6 p.m.
Fostoria Learning Center
342 Perry St. Fostoria

- Doctor, Nurses, & Counselors on Site!
- FREE transportation!
  (Call NCAT to schedule a ride: (419) 448-7344)
- FREE Health & Wellness Supplies!*
- Get Connected to Medical Professionals!

Free Health Screenings & MENTAL HEALTH SCREENINGS

*FREE lunch 12 p.m. - 2 p.m.**

*Clothing Giveaway!**

SANDUSKY AND SENECA COUNTIES'

REPRODUCTIVE HEALTH & WELLNESS CLINIC

MONDAYS

9:00 A.M. TO 3:30 P.M.

92 E. PERRY ST. TIFFIN

Services available for men & women of all ages !

SERVICES INCLUDE:

- Examinations by Licensed Healthcare Professionals
- Pap Tests & Screening for Cervical Cancer
- Birth Control Options
- STD Testing & Treatment
- HIV Testing & Counseling
- PrEP – HIV pre-exposure protection
- Patient Education & Counseling
- Pregnancy Testing

TO MAKE AN APPOINTMENT, CALL:
1 (800) 524-7171

PROTECT YOUR FAMILY

Test your home for **Radon Gas!**

Ohio Department of Health

Get your free radon test kit at www.ohio.radon.com.

Radon is a colorless, odorless radioactive gas that comes from the natural breakdown (decay) of uranium in soil and rocks. Exposure to elevated levels of radon over the course of your lifetime increases your risk of developing lung cancer.

Radon moves into your home by migrating through cracks or openings in the foundation. Any home can have elevated levels of radon, whether or not you have a basement and regardless of if your home is old or new.

Elevated levels of indoor radon have been found in homes in every county of Ohio. Every year approximately 50% of all homes tested in Ohio have elevated levels of radon.