Seneca County General Health District

Monthly Newsletter

AUGUST 7, 2026 | VOLUME 39

SENECA COUNTY General Health District
PREVENT. PROMOTE. PROTECT.

WHAT'S GOING AROUND

Each month, SCGHD's epidemiologist outlines illnesses with the highest activity in Seneca County.

In July, a total of 73 disease cases were reported to SCGHD. Of these, 55 were confirmed as probable/confirmed cases and eight investigations are ongoing. Of the 55 confirmed cases, 41 (75%) were enteric (intestinal) diseases. Specifically, 37 were cyclosporiasis, a microscopic parasite. There also were 10 cases of chlamydia and four different viral and bacterial diseases.

According to the U.S. Food and Drug Administration, the cyclosporiasis outbreak likely connected to the local cases has been linked to iceberg lettuce sourced from central Mexico through Taylor Farms de Mexico. As of Aug. 5, there have been a total of 47 lab-confirmed cases of cyclosporiasis in Seneca County. Symptoms of cyclosporiasis include frequent watery diarrhea, loss of appetite and weight, abdominal cramps and bloating, nausea, and low-grade fever. If you are experiencing any of these symptoms, please contact your healthcare provider for stool testing and treatment.

Cyclosporiasis Prevention

- **Wash your hands with soap and water before preparing or eating food**
- **Carefully wash produce. When able, cook produce to at least 160 degrees Fahrenheit**
- **Don't swim or visit splashpads if you have diarrhea**

EMPLOYEE OF THE MONTH

Jennifer Peck-Mawer has been selected as SCGHD's Employee of the Month! Jennifer is an Environmental Specialist-in-Training at the health district and was nominated by a co-worker for showcasing great intrinsic motivation.

Jennifer's co-worker said Jennifer recently prepared and delivered presentations at an all-staff meeting and they were on point and created impactful, professional development curriculum. Her delivery of the content also was smooth, included appropriate humor, and contained assessment components to ensure terminal objectives were reached, her co-worker said.

"Jennifer is always willing to step in and help, and her dedication is very appreciated," her co-worker said.

HEALTHY CONNECTIONS

Wednesday, Aug. 19
3 p.m. - 7 p.m.
Noble Elementary School Playground
130 Minerva St., Tiffin

- Medical professionals on site!
- No appointment needed!
- Free health & wellness supplies!
- Free health & mental health screenings!
- Get connected to medical services!
- Get your back-to-school vaccines!

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SENECA COUNTY MRC

Want to make a difference in your community?
Become a part of the Seneca County Medical Reserve Corps (MRC), a local network of volunteer medical professionals, public health experts, and non-medical citizens who together help make the community stronger and healthier during disasters and every day.

- MRC volunteers are trained as part of a team and work within their community's health, preparedness, and response infrastructures to help meet local medical and public health needs during emergencies.

- MRC volunteers also promote preparedness in their communities to improve everyday health, reducing potential public health risks and vulnerabilities.

medical reserve corps
SENECA COUNTY UNIT 406

MRC members approach Seneca County emergency preparedness from an all-hazards approach. They plan for health crisis as well as natural disasters, terrorism, civil unrest, and hazardous materials incidents. Above, an MRC member and Seneca County EMS staff member discuss swift water rescue and search and rescue strategies and tactics.

To join Seneca County MRC, visit:
www.ohioresponds.odh.ohio.gov

Senior Health Clinics

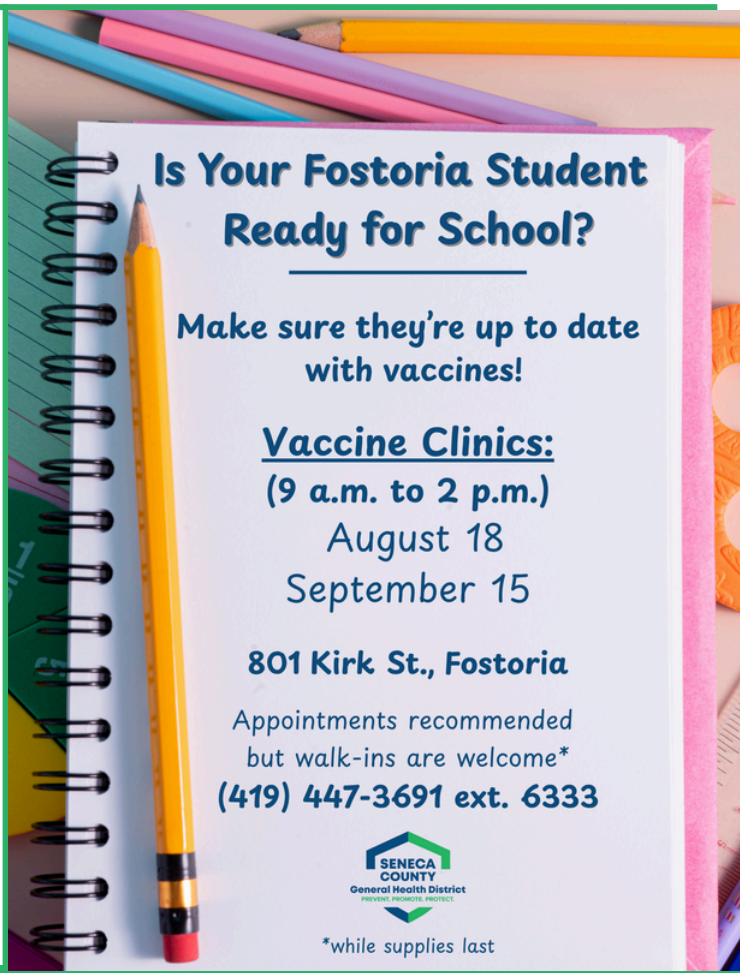
9:30 a.m. to 11:15 a.m.

AGES 60 +

Wednesday, August 12
Allen Eiry Senior Center
Wednesday, August 19
Fostoria Senior Citizens Center
Wednesday, September 9
Seneca County Commission on Aging
Wednesday, September 16
Fostoria Senior Citizens Center

FREE Health Screenings Include:

- ✓ Vital Signs
- ✓ Glucose
- ✓ Lung Sound
- ✓ Edema
- ✓ Urinalysis
- ✓ Weight/Medication Review



CHECK US OUT! TikTok **WWW.SENECAHEALTHDEPT.ORG**