Seneca County General Health District

Monthly Newsletter

SENECA COUNTY General Health District
PREVENT. PROMOTE. PROTECT.

SEPTEMBER 4, 2026 | VOLUME 40

WHAT'S GOING AROUND

Each month, SCGHD's epidemiologist outlines illnesses with the highest activity in Seneca County.

In August, a total of 40 disease cases were reported to SCGHD. Of these, 34 were confirmed as probable/confirmed cases and one investigation is ongoing. Of the 34 counted cases, 16 (47%) were chlamydia or gonorrhea, 12 were enteric (intestinal) diseases, and six were different viral and bacterial diseases.

As of September 4, a total of 52 cyclosporiasis cases has been reported in Seneca County. Cyclosporiasis is a foodborne parasite that can cause frequent watery diarrhea, loss of appetite and weight, abdominal cramps and bloating, nausea, and low-grade fever. A nationwide outbreak of cyclosporiasis, with cases first reported in June, has been linked to iceberg lettuce sourced from central Mexico through Taylor Farms de Mexico. The lettuce has since been recalled. If you are experiencing any symptoms of cyclosporiasis, please contact your healthcare provider for stool testing and treatment.

Foodborne Illness Prevention

Wash your hands with soap and water before preparing or eating food.

Ensure food is cooked to the right temperature to kill harmful bacteria.

Thouroughly wash fresh produce.

EMPLOYEE OF THE MONTH

Jordan Pruitt has been selected as SCGHD's employee of the month! Jordan is a landfill inspector and Registered Environmental Health Specialist (REHS) at the health district, and was nominated by a co-worker for consistently embodying SCGHD's core values in everything she does.

"Jordan manages her own workload with exceptional care, demonstrating the highest level of dependability by meeting every commitment," Jordan's co-woker said. "Her willingness to put in extra effort has greatly improved SCGHD's workflow and overall morale."

Jordan's co-worker also said that Jodan's dedication elevates the entire SCGHD team, aligning perfectly with our mission to promote wellness and protect the environment.

NEW SUNSCREEN DISPENSER

Heading outdoors? Stop by SCGHD's Tiffin location and grab some FREE sunscreen!

The sunscreen dispenser, located in the health district's lobby, is part of Impact Melanoma, a nationwide project dedicated to reducing the incidence of melanoma in the United States.

Sunscreen dispensers also can be found at Opportunity Park, 720 CR 20, Tiffin.

Thanks to Tiffin Community Foundation and The White Family Charitable Fund for helping fund the dispensers!

LET'S TALK PUBLIC HEALTH!

Is your business or organization interested in learning about public health and how it affects our communities? Let our knowledgeable staff come to you!

"Let's Talk Public Health" offers educational sessions on a variety of health-related topics, including nursing, emergency preparedness, nutrition & mental health, epidemiology and environmental health.

NURSING

Complex Medical Help Program (CMH)
Stop the Bleed
The Importance of Vaccines
Sexual Health
Preventing Falls in the Elderly
The Role of a School Nurse
The Dangers of E-Vaping and Vaping

NUTRITION & MENTAL HEALTH

Nutrition and Pregnancy
Infant & Childhood Nutrition
Suicide Prevention
Mental Health and Mental Wellness
Trauma and Adverse Childhood Experiences (ACES)
Stress Management & Mental Wellness

EMERGENCY PREPAREDNESS

Preparing for Emergencies at Home
Save a Life with NARCAN
Seneca County Medical Reserve Corps
Workplace Emergency Preparedness

EPIDEMIOLOGY

Infectious Disease Prevention
The Role of an Epidemiologist
Responding to an Outbreak

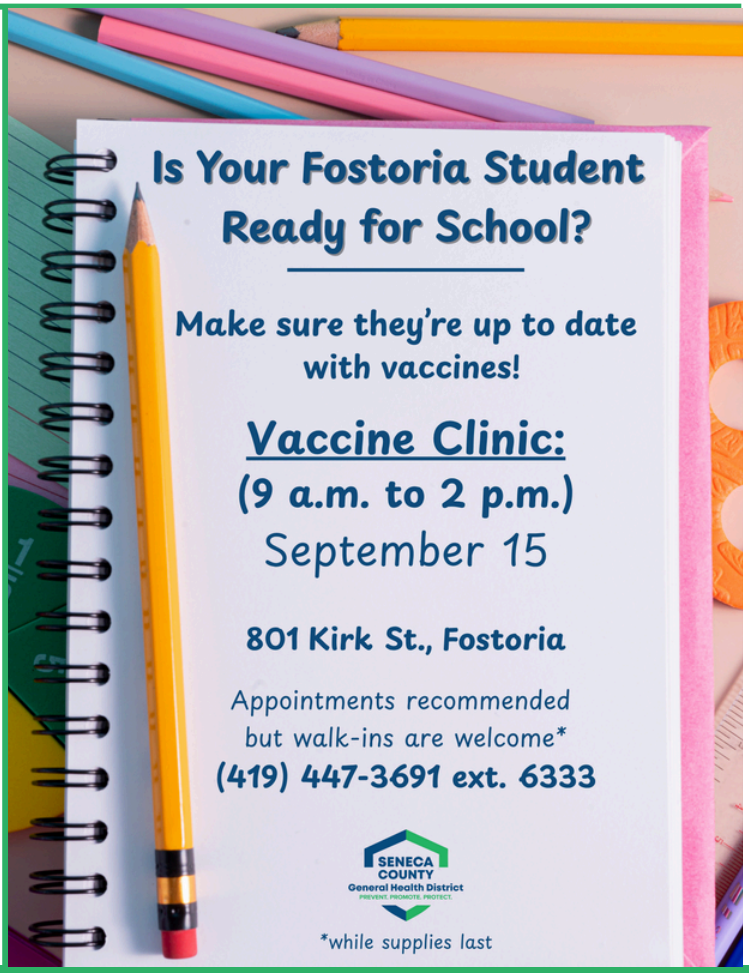
Want to learn more or schedule an educational session?

ehandru@senecahealthdept.org

ENVIRONMENTAL HEALTH

Lead Poisoning Prevention & Response
Mosquito & Tick Safety
Food Safety at Home

Need help but not sure who to call?

- ***Text, call, or chat 988 for help with mental health, suicide, and substance use problems.***
- ***Call 911 for emergencies involving immediate physical danger.***

Knowing the right number can make all the difference.