Seneca County General Health District

Monthly Newsletter

OCTOBER 2, 2026 | VOLUME 41

WHAT'S GOING AROUND

Each month, SCGHD's epidemiologist outlines illnesses with the highest activity in Seneca County.

In September, a total of 25 disease cases were reported to SCGHD. Of these, 19 were confirmed as probable/confirmed cases and one investigation is ongoing.

Of the 19 counted cases, nine were chlamydia, one was gonorrhea, two were hepatitis C, six were enteric (intestinal) diseases, and one was a COVID-19 hospitalization.

To help prevent sexually transmitted infections like chlamydia and gonorrhea, and to protect your health, Talk. Test. Treat.

- **TALK with your partners and healthcare providers about sexual health and STIs.**
- **TEST It's the only way to know if you have an STI.**
- **TREAT If you test positive for an STI, work with your healthcare provider to get the correct treatment.**

SCGHD offers STI testing!
Call 1(800) 524-7171 to make an appointment.

EMPLOYEE OF THE MONTH

Cat Dennison has been selected as SCGHD's employee of the month! Cat is the epidemiologist and emergency coordinator at the health district, and was nominated by a co-worker for her outstanding dedication to SCGHD, particularly her exceptional work handling accreditation responsibilities and serving as both the epidemiologist and emergency coordinator.

"She models honesty and dependability by maintaining transparent data and staying prepared to protect the community during health crises and emergencies," her co-worker said. "Through her vital leadership in the rigorous accreditation process and crisis planning, she champions teamwork by keeping our staff unified and ready."

Congrats Cat!

SCRAP TIRE RECYCLING

FREE DROP OFF EVENT

OCTOBER 24TH, 2026

9AM-1PM

FOUNDATION PARK, FOSTORIA

REDUCE REUSE RECYCLE

CLICK HERE OR SCAN THE QR CODE TO REGISTER

Bring up to 10 passenger/light truck tires on or off the rim.

FLU PREVENTION

Flu viruses spread mainly from person to person through droplets made when those who are infected cough, sneeze, or talk. Less often, a person might become infected by touching a surface or object that has a flu virus on it and then touching their own mouth, nose, or possibly eyes. Many other viruses spread the same way. People infected with the flu may be able to infect others beginning one day before symptoms develop and up to 5 to 7 days after becoming sick.

To help prevent the more serious symptoms of the flu, it's recommended everyone 6 months and older who do not have medical contraindications receive an annual influenza vaccine. Annual flu vaccines help children and adults protect their own health while also helping reduce the spread of influenza to family members and others in the community.

Along with vaccination, families can help reduce the spread of influenza by washing hands often, covering coughs and sneezes, avoiding close contact with people who are sick, and staying home when feeling unwell.

ASK YOUR NURSE ABOUT THE FLU SHOT!

A FLU VACCINE CAN PROTECT BOTH YOU AND YOUR CHILD FROM FLU'S MORE SERIOUS SYMPTOMS

Call (419) 447-3691 ext. 6333
to schedule your
flu vaccine appointment.

WE ARE HIRING

OPEN POSITIONS:

- **Public Health Nurse (full-time)**
- **Public Health Nutritionist (full-time or part-time)**

For more information about current job openings at SCGHD, click here

CPR Certification on *Your* Time

Need CPR certification but want a more flexible option?

It's as easy as 1,2,3!

SCGHD now offers American Heart Association Blended Learning CPR courses for both Heatsaver and Basic Life Support (BLS).

1. Purchase and complete the AHA online learning course at your own pace. (separate fee)
2. Schedule and complete a brief skills check-off session here at SCGHD with a certified AHA Instructor ($45 fee)
3. Receive an official AHA certification card valid for 2 years

SENECA COUNTY General Health District
PREVENT. PROMOTE. PROTECT.

For more information or to schedule your skills session:
419-447-3691 ext. 6337 / mkoehl@senecahealthdept.org

CHECK US OUT! TikTok **WWW.SENECAHEALTHDEPT.ORG**